The Jubilee Way

The Jubilee Way originated as a series of short walks that two local residents joined up into what they named the "300 ft contour path". Eastbourne Borough Council recognised the value of the route and renamed it the Jubilee Way

in celebration of Queen
Elizabeth's Silver Jubilee in
1977. It was later waymarked by the Beachy
Head Ramblers.



The Downland

The 4000 acres of Downland is owned and managed by Eastbourne Borough Council. It was purchased in 1926 for the benefit of all. It forms the Eastern end of the South Downs National Park and the beginning/end of the South Downs Way, a 100 mile long national trail between Eastbourne and Winchester.



The Countryside Code

Respect other people:

- consider the local community and other people enjoying the outdoors
- leave gates and property as you find them and follow paths unless wider access is available

Protect the natural environment:

- leave no trace of your visit and take your litter home
- keep dogs under effective control

Enjoy the outdoors:

- plan ahead and be prepared
- follow advice and local signs



Painted Lady



Chalk Hill blue

Leaflet designed and prepared by Gill Mattock

In liaison with Eastbourne Borough Council



Eastbourne's Walking Champion

Circular Walk 3

Start/Finish: Moderate

Beachy Head Countryside Visitor Centre

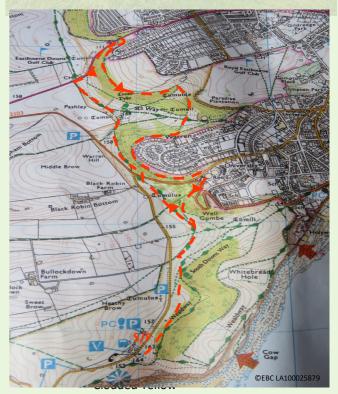
Length: 5 miles

Time: 2 to 2½ hours + stops

Refreshments: Eastbourne Downs Golf

Club, Beachy Head pub

Explorer Map 123



Starting by the Beachy Head Countryside Visitor Centre, cross the road carefully, turn left (towards Eastbourne) and walk along the grass track parallel to the road picking up the South Downs Way northbound until you reach a minor road (Beachy Head Road).

The South Downs Way

This is one of England's National Trails. It stretches 100 miles from Winchester to East-bourne through the beautiful and varied landscape of the South Downs National Park.



2. Cross the road at the designated crossing point then continue along the South Downs Way for another 20 minutes or so until you reach the much busier A259 where the Downs Golf Club (on the other side of a the road) is well worth a stop for reasonably priced refreshments and superb views across the town to the sea with Hastings in the distance.



Clouded yellow butterfly

3. Continue down the hill on the footpath passing the Youth Hostel on your left. Just before the bus stop take the footpath to the right picking up the official Jubilee Way markers. The path immediately goes downhill through an area of woodland badly affected by Ash dieback disease.



Ash Die Back

Ash die back disease (Chalara fraxinea) is caused by a fungus originating in Asia. The disease is spread by fungal spores released from tiny fruiting bodies that appear on leaf litter and infected shoots. The spores are windborn and can travel quite long distances. Infected trees slowly die and the timber becomes weak with the likelihood that branches can break off and trees may fall. Eastbourne Borough Council is working with the Forestry Commission to manage the woodland along this popular path.



4. The footpath now wends its way along the contour line providing panoramic views of

- the coast and Eastbourne passing by the Royal Eastbourne Golf Course.
- 5. Follow the waymarked path which eventually circles round the back of houses before arriving at a minor road. Cross carefully then shortly cross another road and head uphill. If you are here at the right time of year you will see thousands of early purple orchids and common spotted orchids.
- Follow the left hand path uphill and round a left hand bend until you get to a large tree where the path divides. Take the slightly uphill path to the right of the tree which will shortly rejoin your outgoing path.
- 7. Return to the Beachy Head Countryside
 Centre where the exhibition and art gallery are
 well worth a visit or, if you have time, follow
 the concrete path to the headland where
 there is a viewpoint and memorial to Bomber
 Command before returning to your start point.

Phyteuma Orbiculare

.A scarce known downland flower known as the Pride of Sussex and Round Headed Rampion.



The bright blue flower heads are quite small and most noticeable from mid-summer onwards. It occurs in small colonies in the meadows along the route. Can you spot one?